

Facility Schedule

Mar 31 -Jun 15, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl	6am -10pm					7am-9pm	8am-9pm
Water Walking Lane	11am – 12pm		11am – 12pm		11am – 12pm		
TGIF Family Fun Night					7pm-8:30pm		
Sensory Friendly Swims						2 nd Saturday of every month 6-7pm	

1 lane or more available dependent on available space during Public and Length Swims

All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children)

Diving Board and Rock Wall are open during peak times; programs & other activities permitting.

AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am	Power Deep* *45min class		Power Deep	Power Deep* *45min class			
8:30am			Tidal Toner				
10:45am		Power Deep			Power Deep		
11:30am				Rusty Hinges			

Shallow water classes maximum capacity of 25 people. Deep water classes maximum capacity of 15 people

WEIGHT ROOM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room	6am-10pm					7am-9pm	8am-9pm
Attendant	Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice